

Voccess

Module 3



Career Change
101

A CAREER YOU LOVE

No one really teaches you how to have the career you love.

Imagine having energy, even after a long day and the feeling of accomplishment and relaxation after a good work-out. Hear your friends and family admiring what you do. Feel the joy of knowing this is what you came for. This is you.

**In this guide is the beginning of the career you love -
doing what you are passionate about and having the
lifestyle you want.**

**If you're the type of person who gets after what they
want... and usually gets it...**

The best of the best print this guide out.

**That's what all my Fortune 500 companies do when I
work with them.**

So print it out and work through it in order.

A CAREER YOU LOVE

But what is the career you will fall in love with?

Your ideal career has 5 main ingredients which will make you fall in love with it:

- 1. It is based on your passion** - it reflects your passion and what truly makes you jump up in the morning
- 2. It reflects your unique strengths** - the one thing that will make you world best
- 3. It works well with your priorities** - family, fun, friends
- 4. It makes you a better person.** Actually, it supports you reinvent yourself and be someone people admire.
- 5. It makes your name a brand** without you having to hire branding experts - when you love what you do and you are good at it, it people naturally gravitate towards you and want to be like you.

THE GUIDE TO A CAREER YOU LOVE

This is a 3 step process that will help you move towards the career you love. Scaling up begins with finishing your chapter strong and making the absolute best of where you are right now.

STEP 1 - Face all your challenges

Things that frustrate you.

Things you think you can do better.

Things you can do better, but you don't.

STEP 2 - Identify the biggest challenge

The one thing that keeps you from loving each Monday morning.
simple as that.

STEP 3 - Turn the challenge into a WIN

Change that behavior and develop a routine that will solve this forever.

Once you do that, you are invincible.

STEP 1 - Face all your challenges

Write down all the challenges you are currently facing in your job.

1-3 sentences for each. Include the answer to the question: when/ what/ so what?

WHEN - when does this occur (e.g. when the boss comes from a break, when a new client comes in, when you have to talk to X/Y/Z)

THE SITUATION

WHAT - how do you behave/ what do you do? (e.g. feel uncomfortable, shout, stay quiet, panic, etc)

THE BEHAVIOUR

SO WHAT -what is the cost of this challenge, what is it preventing you from.

THE COST

List of challenges:

A large rectangular box with a thick red border, intended for writing the list of challenges. The box is empty and contains four red circular markers at the corners.

STEP 2 - Identify the biggest challenge

Choose the one challenge that bothers you the most.

There 3 big wins for you overcoming it:

- your biggest challenge is the one weakness keeping where you are
- once you do, you get into the habit of DOING, ACTING AND GETTING OUT OF YOUR COMFORT ZONE
- you feel more confident and you act with greater confidence

YOUR BIGGEST CHALLENGE:

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STEP 3A - Turn the challenge into a WIN

Reframe the challenge so that it sounds like a solved problem. That is the exact opposite of it.

Rewrite it as the ideal situation:

Example: I am shy and don't speak up when people with authority are around.

REFRAMED: I am confident and assertive and people with authority respect me.

Example: I can't focus and I lose motivation quickly.

REFRAMED: I am focused and motivated for the goals that matter to me.

YOUR CHALLENGES REGRAMED

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STEP 3B - Turn the challenge into a WIN

Think of the 3 things that if you do in the next 7 days, you will move towards the ideal situation.

Take 15 min to mediate and then write these things. The more you write, the more clarity you get.

Part of the reason why people in the 21st-century lack clarity is the fact that when you write and handwrite your brain organizes ideas and finds new solutions.



1.

2.

3.

EXECUTE NOW

Are you ready to scale up your career?

This checklist gives you an idea what you need to have in place to move to a career with more passion, flow, and income.

YOU HAVE A CLAR GOAL FOR THE NEXT 12 MONTHS

YOU KNOW WHAT IS YOUR ELEMENT - the intersection between your passion, your genius and what makes money

YOU KNOW EXACTLY WHAT HABITS AND BEHAVIOURS YOU NEED TO DEVELOP to move to the career you love

YOU GENERATE OPPORTUNITIES REGULARLY

YOU ARE A NAME IN YOUR INDUSTRY